

## Professional Development Program To-Bring List

- One suitcase or backpack
- Small pack for day trips (for an extra sweater, water bottle, snacks, medications, etc.)
- Outdoor gear (rain jacket, toque, mitts, layers don't forget we go out rain or shine!)
- Sturdy close-toed shoes or hiking boots for site visits
- Casual clothes for all program and social events
- Long pants and closed-toed sturdy footwear are required for all site tours
- Travel mug (if you like your coffee to-go)
- Water bottle
- Writing utensils & a notebook.
- Sunscreen & sunglasses.
- Personal items for the comfort of all of our participants please keep perfumes,
   after-shaves, and other highly scented products to a minimum
- Personal Medications don't forget that some programs include long journeys on a bus that can get a bit bumpy, so bring meds for motion sickness if you need them!

## Due to the amount of travel, and limited storage space, we appreciate it if you keep your belongings to a reasonable minimum!

We don't have room for fishing rods, golf clubs, bicycles, and children/spouses/friends/tag-alongs. Don't forget your smile! See you soon!